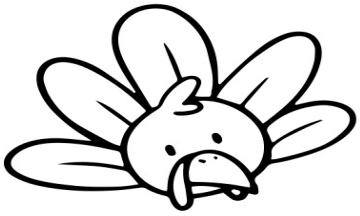
NAME: DATE:



THANKSGIVING Gratitude Journal Worksheet

3 Things I Am Grateful For Today:

1.) _____

2.) _____

3.) _____

Someone who made me smile today : _____
_____
_____

A family member I am thankful for and why : _____
_____
_____

A favorite holiday memory or tradition : _____
_____
_____

A small, simple comfort I enjoyed today : _____
(e.g., warm drink, cozy blanket):
_____
_____