

Name: _____

Date: _____

RELATIONSHIP THERAPY

Fill in the blanks.

	what we gained	do it again / drop it
make a playlist for each other		
go for daily nature walks		
greet each other physically everyday		
create a new annual tradition		
try a new cuisine		
fill in the blanks.		
swap your favorite books		
go out dancing		
have a daily tech-free hour		
have weekly/monthly check-ins		
volunteer together		
hide surprise notes for each other		