

Name :

Date :

Couple Goals

Area	Couple Goals	Personal Goals
SPIRITUAL Reading religious text, completing devotionals, etc.		
SOCIAL Throwing a party, visiting family, etc.		
CAREER Getting a raise, starting a business, etc.		
FINANCIAL Saving, budgeting, making a big purchase, etc.		
HOUSEHOLD Home improvement, meal plans, etc.		
PHYSICAL Eating healthy, exercising regularly, etc.		
MARRIAGE Going on dates, planning vacations, etc.		