

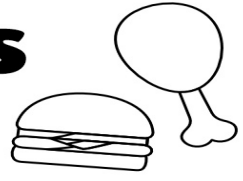
Name: _____

Date: _____



My Daily Meals

Write what you eat in a day:



Breakfast:

Lunch:

Dinner:

Snacks:
