

Name:

Date:

FAMILY THERAPY

Write your answer in other paper.

1. What is a feeling that each person may be holding back from sharing?
2. Who does each person go to when they are upset?
3. What is everyone's proudest moment?
4. How can you tell when each person is experiencing difficult feelings?
5. Pick one or more role for each person: Fixer, Nurturer, Talker, and the Quiet One
6. What is everyone's favorite movie or television series?
7. Who is messy and who is neat?
8. What is everyone's life goal?
9. Pick one or more future for each person: World Traveler, Family-Centered, Most Successful, or Thrill Seeker
10. What is everyone's greatest fear?
11. Who is a morning or night person?
12. What is everyone's talent?