

Name:

Date:

OCCUPATIONAL THERAPY HOME SAFETY CHECKLIST

General Home Safety

- ☐ No clutter on floors
- ☐ Good lighting
- ☐ Rugs are non-slip
- ☐ Emergency numbers easy to find
- ☐

Living Room

- ☐ Clear walking space
- ☐ Stable furniture
- ☐ No loose cables
- ☐
- ☐

Kitchen

- ☐ Items easy to reach
- ☐ Floor not slippery
- ☐ Sharp tools stored safely
- ☐
- ☐

Bathroom

- ☐ Non-slip mat
- ☐ Grab bars (if needed)
- ☐ Items within reach
- ☐
- ☐

Bedroom

- ☐ Easy access to bed
- ☐ Clear path to bathroom
- ☐ Night light available
- ☐
- ☐

Stairs & Mobility

- ☐ Handrails available
- ☐ Good lighting
- ☐ Safe footwear
- ☐
- ☐

Safety Basics

- ☐ No damaged electrical cords
- ☐ Appliances turned off
- ☐ Easy exit access
- ☐
- ☐

Personal Safety

- ☐ Medications organized
- ☐ Phone within reach
- ☐ Emergency contact available
- ☐
- ☐