

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# CINCO DE MAYO TRADITIONAL FOOD WORKSHEET

Cinco de Mayo is a celebration in Mexico and the United States that honors the victory of the Mexican army over the French at the Battle of Puebla on May 5, 1862.

Food is an important part of this celebration.  
Many traditional Mexican dishes are enjoyed with family and friends.

Below is a list of traditional Mexican foods. Read each one carefully.

1. tacos
2. enchiladas
3. guacamole
4. salsa
5. pozole
6. tostadas
7. quesadillas
8. flan

## CHOOSE & RESEARCH

Food Choice: \_\_\_\_\_

1. Where did this food come from?  
(Region or place in Mexico)

2. What ingredients are used to make this food?

3. When do people usually eat this food?

4. Why is this food special during Cinco de Mayo?

