

Name: _____

Date: _____

MY INTERESTS & STRENGTHS

A. What do you enjoy doing? (Check all that apply)

- ☐ Drawing / Art
- ☐ Playing Sports
- ☐ Helping Others
- ☐ Solving Problems
- ☐ Using Technology
- ☐ Reading / Writing
- ☐ Building / Fixing Things
- ☐ Other: _____

B. My Top 3 Strengths:

1.

2.

3.

C. What subjects do you like most in school?