

Name:

Date:

MOTIVATION IN RECOVERY

Fill in the blanks.

<p>What are the primary reasons you want to overcome your substance use disorder?</p>	<p>On a scale of 1 to 10, with 10 being the most important, rank each motivation's significance to you.</p>
<p>Write down the emotions or feelings associated with achieving each motivation.</p>	<p>Think about potential obstacles or challenges you may face in your recovery journey.</p>