

Name:

Date:

HEALTHY RELATIONSHIP

Answer in the blanks.

Emotional Boundaries	Personal boundaries:	Action plan:
Physical Boundaries	Personal boundaries:	Action plan:
Time Boundaries	Personal boundaries:	Action plan:
Intellectual Boundaries	Personal boundaries:	Action plan:
Material Boundaries	Personal boundaries:	Action plan:
Relationship Boundaries	Personal boundaries:	Action plan:
Professional/Work Boundaries	Personal boundaries:	Action plan:
Digital/Online Boundaries	Personal boundaries:	Action plan: