

Name:

Date:

FAMILY & ADDICTION

Write the description of each role to help a family member with addiction problems in getting better!

THE ENABLER		THE HERO	
THE LOST CHILD		THE MASCOT	
THE ADDICT		THE SCAPEGOAT	

Do these roles relate to yourself or your family in any way? How so?
What have your top struggles been as a family member living with an addiction?