

BUILDING TRUST

Name:

Date:

Fill in the blanks.

Write down a person you trust with your life.

Write down what types of people you do not trust.

Why do you trust him/her?

Why don't you trust them?

What did they say, do, or act that made you trust them?

What would make you not trust someone?

How long did it take you to trust this person?

If someone broke your trust what would it take to trust that person again?