

Name: _____ Date: _____

Building Trust Worksheet

1. What is Trust?

Trust means:

2. People I Trust

I trust: _____

Because _____

3. I Can Build Trust By

1. _____
2. _____
3. _____

4. Why Trust is Important

5. Good Trust Choices

Circle the good choices:

- a. Tell the truth
- b. Keep promises
- c. Help others
- d. Lie
- e. Break promises