Name:	Date:	

## New Year's Eve Reflection Questions

I. What was the best memory you made this year?
2. What is something you learned about yourself?
3. What is one challenge you overcame?
4. What is something you did this year that made you proud?
5. Who was someone that made your year better?
6. What is one thing you want to leave behind this year?
7. What is one thing you want to bring into the new year?
8. What new habit do you want to start next year?
9. What is one thing you are grateful for today?
10. What is your biggest hope for next year?