

Name: _____

Date: _____

HOW DO YOU CONNECT?

Interpersonal skills help us build strong relationships with others.

Write two examples of how you can use each skill in everyday life.

Speaking Clearly (Verbal Communication)	
Body Language (Non-Verbal Communication)	
Confidence & Respect (Assertiveness)	
Finding Solutions (Problem-Solving)	
Paying Attention (Listening Skills)	
Reaching Agreements (Negotiation)	
Making Smart Choices (Decision Making)	