

Name:

Date:

MY FRIENDSHIP TRAITS

Read each statement and check (✓) if it's true for you most of the time.

- ☐ I listen carefully when my friends talk.
- ☐ I keep my promises.
- ☐ I respect my friends' feelings and opinions.
- ☐ I share and take turns.
- ☐ I encourage my friends when they are sad.
- ☐ I apologize if I make a mistake.
- ☐ I am honest with my friends.
- ☐ I don't gossip or talk badly about others.
- ☐ I celebrate my friends' successes.
- ☐ I accept my friends for who they are.

Score Yourself:

8-10 checks = Great Friend

5-7 checks = Good Friend (can keep improving)

1-4 checks = Growing Friend (lots of room to practice)