

Name _____ Date _____

Reading's Skills Activity

(point on food table)	(number of fingers left)
#1 _____	_____
#2 _____	_____
#3 _____	_____
#4 _____	_____
#5 _____	_____
#6 _____	_____

- 1) After comparing the different kinds of the food items provided in class, which table served the food without using the method (left hand)? Identify how many fingers are left after enjoyment of the food in that table which the most suitable? _____
- 2) Which table has the most amount of water per serving? _____
- 3) Which table has the least amount of water per serving? _____
- 4) Which table has the most amount of salt? _____
- 5) Which table has the least amount of salt? _____
- 6) Which table has the least percentage of total fat? _____
- 7) Which table has the least percentage of total fat? _____
- 8) Which table has the least amount of total calories? _____
- 9) Which table has the least percentage of sodium? _____
- 10) Which table has the least amount of sodium? _____
- 11) Which table has the most amount of sodium? _____