

Name: _____

1ST QUARTER SELF-REFLECTION

Habits - Look at the list of habits provided. Sort the habits into the columns below in a way that best describes you!

- | | |
|---|--|
| <ul style="list-style-type: none"> • is a self-starter • exhibits self-control • punctual • uses planner • follows directions • turns in work on time • does careful work • studies | <ul style="list-style-type: none"> • asks questions • uses class time productively • participates in class • works well in groups • works well independently • communicates with parents • communicates with teachers |
|---|--|

I consistently & effectively practice these habits.	I practice these habits, but not regularly.
I would like to include these habits on my academic goal list.	I don't know how to successfully practice these habits.

Attitude/Behavior

At the start

At the end

What's changed since the start because of what you've done? Are you doing anything or thinking differently? What are you proud of? Are you happy to do your work and do your best? Are you proud of how you've grown? How do you feel about it? Write 1-2 sentences on another piece of paper if necessary.
