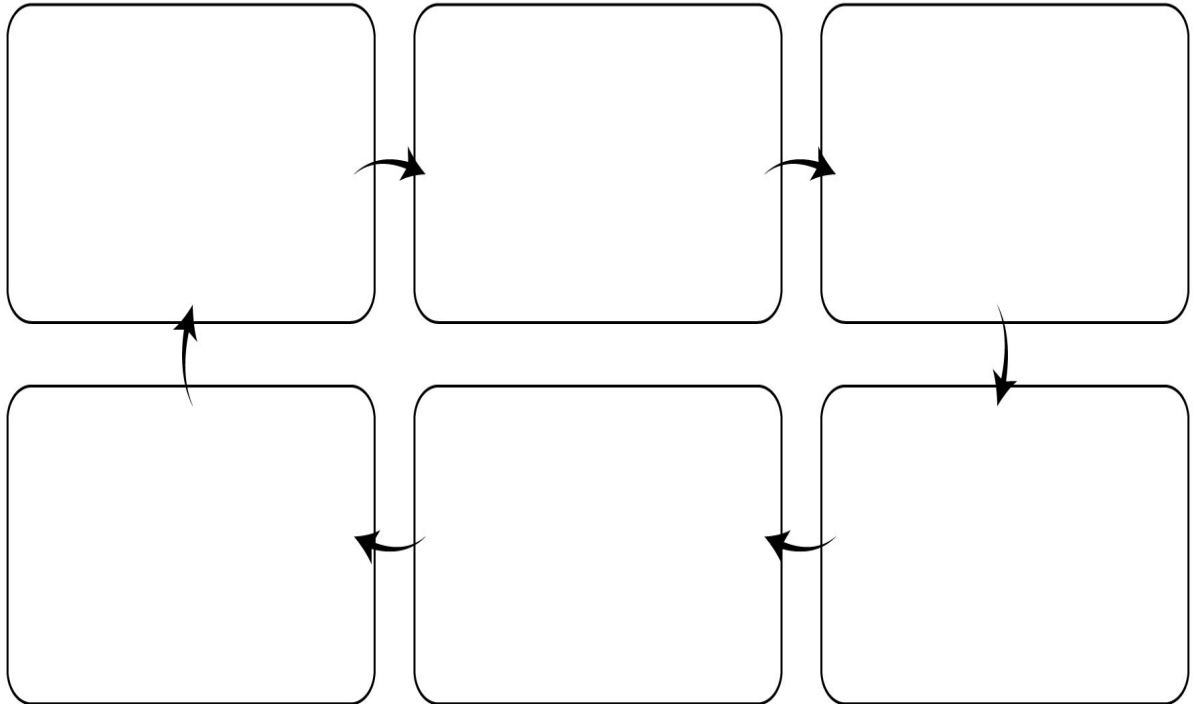


Substance Use Assessment

Name: _____

Date: _____

Cut and paste the name and definition of the stage of the change cycle in the correct order!



Relapse	Contemplation	Precontemplation	Maintenance	Preparation	Action
Not ready to make any changes yet	Going back to old patterns of behavior	Aware of the need to make changes	Creating sustained effort to the changes	Having the intention to make changes	Taking active measures to make changes