SELF CARE

		AIND ————
	■ Current Practice	_
	■ New Practice	
_		ODY —
	■ Current Practice	
Ē		
	■ New Practice	
$\overline{}$		
L	[OTIONS ————
_	■ Current Practice	JIIONS —
Ē	- Current Fractice	
L	■ New Practice	
	■ New Fractice	
L		
		PIRIT ————
H	■ Current Practice	
L		
	■ New Practice	
1		