## **SMART Goal Worksheet**

School: Judson Middle School Team Name: P.E. Department Team Leader: Craig Bush

Team Members: Craig Bush, Sue Hayward, Theresa Norris, Bob Stockenberg, and Kimo Mahi

District Goal(s):

School Goal(s):

	Strategies and			Evidence of
Team Smart Goals	Action Steps	Responsibility	Timeline	Effectiveness
70% of Judson students	1. Using warm-ups to	Entire team	We will test the students	Analyze our data to see
will pass the mile run	increase cardiovascular		1-2 times in the fall and	how close we come to
fitness test based on the	fitness. 2. Using the		1-2 times in the spring.	our goal. We want to look
criteria from the	conditioning unit to			at age differences in
fitnessgram fitness test.	increase cardiovascular			passing the test.
	fitness and to also work			
	on their pacing. 3.			
	Incorporate			
	cardiovascular fitness			
	into our daily curriculum.			
	4. Use intevention time to			
	work on cardiovascular			
	fitness for those who			
	aren't passing.			