

Trading Plan

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A trading plan is an essential part of a successful trading business. Please use this template as a quick reference for your specific trading plan. Remember, good trading is simply following your trading plan.

Description

System Type	Time Frame(s)
(Such as trend following, support & resistance, volatility expansion)	(Such as daily, 5-minute, 144 tick, 250 volume)

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(Such as daily, 5-minute, 144 tick, 250 volume)

Trading Instruments _____ *Position Sizing* _____

(Such as e-mini Russell 2000, GOOG daily stock scan)

Position Sizing

(Such as fixed number of contracts/shares, percent of account)

[illegible]