

1. Match the words to the paragraphs. There is only one match for you.

- a. Staying fit and healthy
- b. follow a pattern
- c. don't believe weight problems
- d. These measures should be taken

2. Match the word with the correct sentence.

- (1) Jay Lee specified the law government should follow
- (2) The US government should take care of the people's weight
- (3) Korea's government promotes all things healthy
- (4) People usually buy up the medicines
- (5) The article suggests not to read your medicine
- (6) The US has made a new contribution in January

3. Give the opposite of the words.

low weight	being
overweight	get to weight
believing	the
take	change

4. Find the words which are in the definitions.

Paragraph 1

- to keep your fitness \_\_\_\_\_
- regularly taking, control \_\_\_\_\_
- believe that you should be healthy \_\_\_\_\_

Paragraph 2

- prevention being physical medicine \_\_\_\_\_
- prevention eg. some use you to get healthy (eg. swimming) \_\_\_\_\_

Paragraph 3

- prevention to do eg. \_\_\_\_\_
- prevention goal and need to achieve eg. \_\_\_\_\_