

Ice Breaker Activities for Training Sessions

"Learning from Experience"

Have participants introduce themselves and answer questions about their experience with the topic. Start the topic you are covering. Practice "encouragement" as a key value. Have others thought out stories.

"Challenges and Objectives"

Have participants discuss their current challenges. Have them identify their challenges. Have them write their objectives for the training. Have them write their objectives. Have them write their objectives. Have them write their objectives.

"Questions"

Have each participant write a question about the topic. Have them write a question. Have them write a question. Have them write a question. Have them write a question. Have them write a question. Have them write a question. Have them write a question.

"Role Models"

Have each person identify a role model. Have them identify the role. Have them identify the role. Have them identify the role. Have them identify the role. Have them identify the role. Have them identify the role. Have them identify the role.

"Goals and Objectives"

Have participants introduce themselves, stating their name, company, role, and where they are. Have them state their goals and objectives. Have them state their goals and objectives. Have them state their goals and objectives. Have them state their goals and objectives.

"Collective Knowledge"

Have participants write or draw a word or phrase related to the topic. Have them write or draw a word or phrase. Have them write or draw a word or phrase. Have them write or draw a word or phrase. Have them write or draw a word or phrase.

"A Helpful Colleague"

Have participants identify someone who has contributed to their professional development and why they admire. Have them identify someone who has contributed to their professional development and why they admire. Have them identify someone who has contributed to their professional development and why they admire.

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