

Month(s) to be completed: Any

Duration: 3 Sessions

Christina School District
Elementary Guidance Best Practices
Programs and Activities

Title of Activity: Anger Control Management **Grade Level(s):** K-3

Standard Competency Addressed (list all by Standard/Competency #):
A:A1.1; A:A1.4-5; PS:A1.1; PS:A1.4-9; PS:A1.11-12; PS:A2.1-8; PS:B1.1-11; PS:C1.2-7;
PS:C1.9-11;

Superintendent's Performance Target Addressed:
Safe and Orderly Environment

Resources/Materials Needed:
Second Step Grades K-3

Procedures/Lesson Plans (See Back of Form)

Benchmark/Goal of Activity:
Students will demonstrate how to identify feelings they are experiencing; Students will develop strategies to deal with conflict and anger in a positive way;

Evaluation (means of determining if benchmark/goal has been met or is in progress):
Pre/Post Survey and Discussion; Teacher feedback on student behavior following the lessons;

Comments: This program is good for teaching students how to identify signals related to anger and conflict and to develop methods to control themselves and recognize the consequences if they don't.

Submitted by:

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