

well
well

Box & Grappling

Part A: Read each question. Then underline the letter(s) to spell a word that matches the situation. Fill in the blank to complete the word.

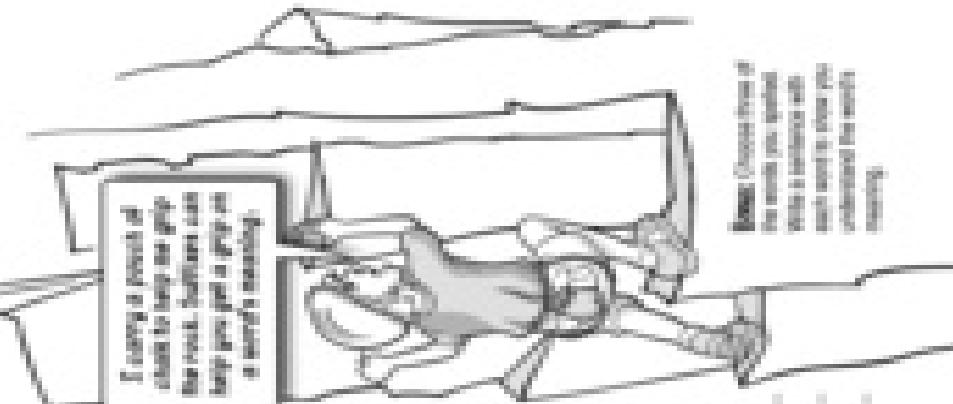
well well well well
of health or quality

1. exercise routine _____
2. visit a doctor _____
3. exercise room _____
4. exercise station _____
5. safety of being well _____
6. exercise equipment _____
7. stretching routine _____
8. eating healthy _____
9. exercise health _____
10. care of being healthy _____
11. exercise strength _____
12. exercise control _____
13. exercise exercise _____
14. exercise exercise _____
15. exercise exercise _____
16. exercise exercise _____
17. exercise exercise _____
18. exercise exercise _____
19. exercise exercise _____
20. exercise exercise _____

Part B: Use the words below to write short definitions for each word.
B. exercise _____
H. patient _____
D. healthy _____

Exercise well

well



Exercise well
well
well

Exercise well

well