

How did you react when you fell or when you are only a little irritated, or angry. Circle the warning sign that

|                                     |              |
|-------------------------------------|--------------|
| <b>Mind goes blank</b>              | <b>Inst.</b> |
| <b>Body or hands shake</b>          | <b>Sho</b>   |
| <b>Heavy or fast breathing</b>      | <b>Stare</b> |
| <b>Scream, raise voice, or yell</b> | <b>C</b>     |