



Hands Up! CLEAN GENE lends a hand in fighting germs

Objective:

With help from CLEAN GENE's project, children will learn to apply instant hand sanitizer over all the surfaces of the hand to kill germs. NOTE: Could be adapted to handwashing

Materials Required:

8.5 x 11 paper
Markers or crayons
Scissors

CLEAN GENE Says:

Have children fold the paper in half like a book and trace their hands with one edge on the fold.

Cut along the outline, except at the fold. Open the paper at the fold line so it makes a pair of hands.

Have children mark all the places germs hide on hands – fingertips, fingernails, backs of hands, palms of hands. Add the message: "Give me a hand with fighting germs. Wash well!"

Demonstrate how instant hand sanitizer has to cover all those surfaces to kill germs. Use the poster available with this lesson plan.

Pin the hands on a bulletin board or add yarn for a mobile. Or spread the word to parents and family about hand hygiene (instead of germs!). Send the project home with further information on hand hygiene available with this program.

