

Day of the Week	Abbreviation
Monday	Mon.
Tuesday	Tues.
Wednesday	Wed.
Thursday	Thurs.
Friday	Fri.
Saturday	Sat.
Sunday	Sun.

Can you trace  
the day today?

Yesterday was:

Sunday, Monday, Tuesday,  
Wednesday, Thursday,  
Friday, Saturday.

Tomorrow will be:

Sunday, Monday, Tuesday,  
Wednesday, Thursday,  
Friday, Saturday.

Sing the Days

(Are You Sleeping?)

Every week has 7 days.  
See how many you can say:  
Sunday, Monday, Tuesday,  
Wednesday, Thursday, Friday,  
Saturday. What's today?