

# Become a better you!

SUBJECT	TO-DO	DESCRIPTION	DUE DATE	ACCOMPLISHED
Diet	GOAL #1	sugar/treats only on one day a week	jan 2-mar 2	<input type="checkbox"/> HOORAY!
	GOAL #2	track calories daily	jan 2-jan 16	<input type="checkbox"/> YOU DID IT!
	GOAL #3	gym 5x per week	jan 2-mar 2	<input type="checkbox"/> AWESOME!
Spending	GOAL #1	set up a budget	jan 2	<input type="checkbox"/> WOOHOO!
	GOAL #2	No eating out until CHA	jan 2-jan 28	<input type="checkbox"/> WAY TO GO!
	GOAL #3	Pay bills	jan 2	<input type="checkbox"/> GOOD JOB!
Saving	GOAL #1	set up savings account for Ollie	jan 5	<input type="checkbox"/> AMAZING!
	GOAL #2	set up auto-deduct into savings account	jan 5	<input type="checkbox"/> HAPPY DAY!
	GOAL #3	look at ways to save money on insurance	jan 15	<input type="checkbox"/> WOOT!
Job	GOAL #1	set up due-date calendar for next 6-months	jan 4	<input type="checkbox"/> YAY!
	GOAL #2	start on new line for MME	jan 3	<input type="checkbox"/> KEEP IT UP!
	GOAL #3	work on a fabric line	jan 6-8	<input type="checkbox"/> YOU ROCK!
Kids	GOAL #1	read more books	Every Day!	<input type="checkbox"/> GOOD WORK!
	GOAL #2	visit the zoo	jan 20	<input type="checkbox"/> SWEET!
	GOAL #3	organize clothes and accessories	jan 12	<input type="checkbox"/> WINNING!
Relax	GOAL #1	watch "the help" with Staci	feb 29	<input type="checkbox"/> HOORAY!
	GOAL #2	get a massage	March 8	<input type="checkbox"/> YOU DID IT!
	GOAL #3	read a book	Jan 30	<input type="checkbox"/> AWESOME!
Hobby	GOAL #1	Finish binding quilt	jan 20	<input type="checkbox"/> WOOHOO!
	GOAL #2	Thank You notes	jan 5	<input type="checkbox"/> WAY TO GO!
	GOAL #3	Sign up for photography class	Jan 31	<input type="checkbox"/> GOOD JOB!
House	GOAL #1	Gallery wall!	jan 15	<input type="checkbox"/> AMAZING!
	GOAL #2	clean hot spots	jan 8	<input type="checkbox"/> HAPPY DAY!
	GOAL #3	decorate Ollie's room	jan 31	<input type="checkbox"/> WOOT!
Spiritual	GOAL #1	Family Home Evening	Every Monday!	<input type="checkbox"/> YAY!
	GOAL #2	Family Scripture Reading / prayer/evening schedule	Every Night!	<input type="checkbox"/> KEEP IT UP!
	GOAL #3	January Visiting Teaching	Jan 22	<input type="checkbox"/> YOU ROCK!
Spouse	GOAL #1	Go on a date	jan 21	<input type="checkbox"/> GOOD WORK!
	GOAL #2	Cook dinner 3-4x a week	jan 31	<input type="checkbox"/> SWEET!
	GOAL #3	Find gift for valentine's day	feb 13	<input type="checkbox"/> WINNING!