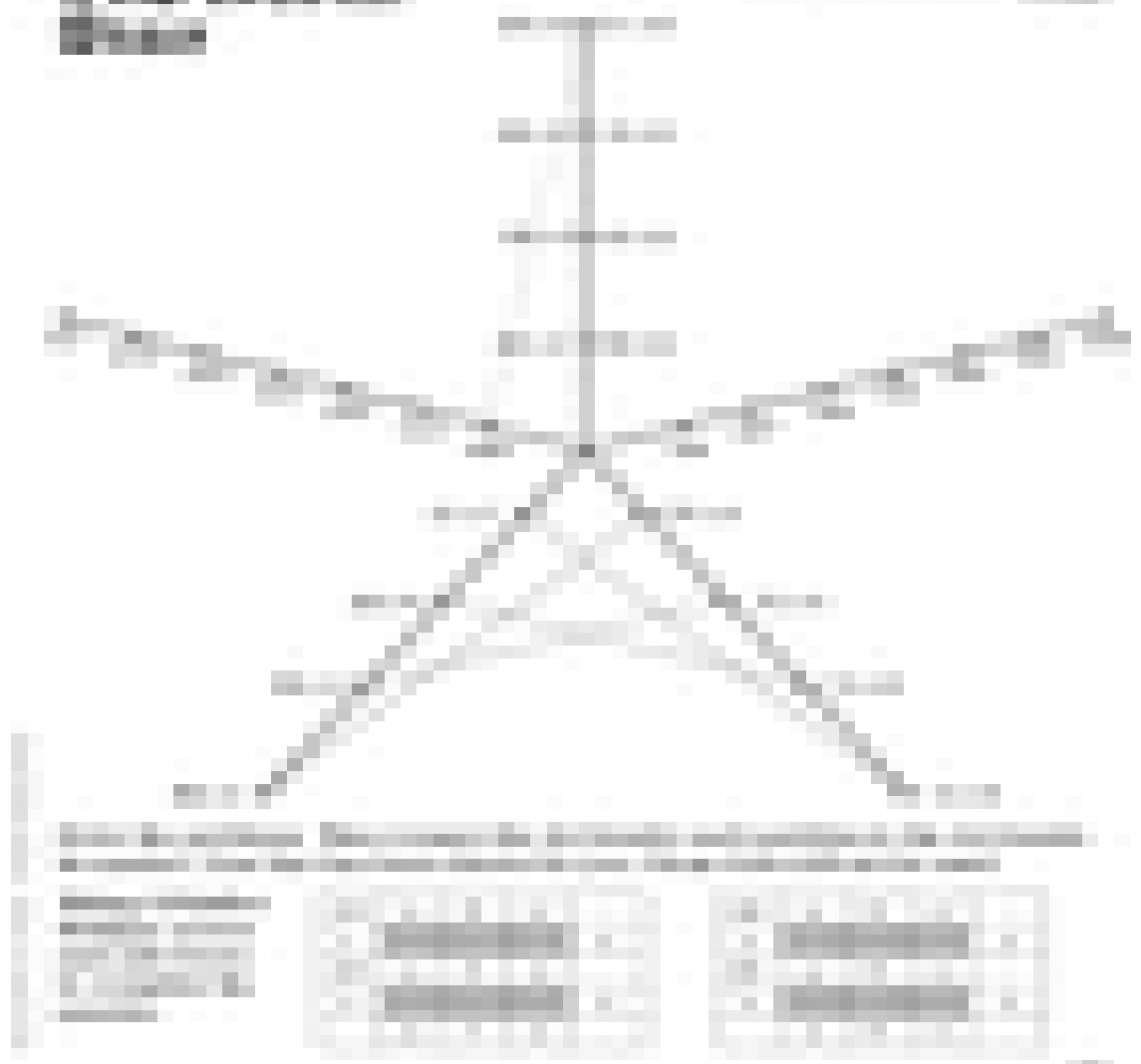


# The Nervous System



**Central Nervous System**  
The CNS consists of the brain and spinal cord. It processes information and sends out instructions to the rest of the body.

**Peripheral Nervous System**  
The PNS consists of all the other nerves in the body. It carries messages between the CNS and the rest of the body.

**Somatic Nervous System**  
The somatic nervous system controls voluntary movements and sensory information from the skin and muscles.