

**Health Unit**

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

1. Which glands release a hormone when you face an emergency? \_\_\_\_\_  
A. thyroid                      B. adrenal
  2. Which system allows the body to eliminate waste? \_\_\_\_\_  
A. excretory                      B. respiratory
  3. What does your muscular system do? \_\_\_\_\_  
A. It supports your body.                      B. It helps you digest food.
  4. The central nervous system is made up of the brain and the \_\_\_\_\_.  
A. Stomach                      B. Spinal Cord
  5. The tongue is a \_\_\_\_\_ organ.  
A. Respiratory                      B. Sense
- Tissue that hold joints together are called? \_\_\_\_\_
- A. Tendons                      B. Ligaments
6. Muscles \_\_\_\_\_ to produce movement.  
A. Loosen                      B. Contract
- What is the body's largest organ? \_\_\_\_\_.
- A. Head                      B. Skin