

American Cheese

Nutrition Facts

Serving Size 2 Slices

Servings Per Container 16

Amount Per Serving

Calories 210 **Calories from Fat 150**

%Daily Value*

Total Fat 17g **26 %**

Saturated Fat 11g **54 %**

Cholesterol 50mg **17 %**

Sodium 790mg **33 %**

Total Carbohydrate 1g **0 %**

Dietary Fiber 0g **0 %**

Sugars 1g

Protein 12g

Vitamin A 15% • **Vitamin C** 0%

Calcium 35% • **Iron** 0%

* Percent Daily Values are based on a 2,000 calorie diet.



LOW=5% or less HIGH=20% or more

