

Name: _____

1ST QUARTER SELF-REFLECTION

Habits - Look at the list of habits provided. Sort the habits into the columns below in a way that best describes you!

- | | |
|---|--|
| <ul style="list-style-type: none"> • is a self-starter • exhibits self-control • punctualness • uses planner • follows directions • turns in work on time • does careful work • studies | <ul style="list-style-type: none"> • asks questions • uses class time productively • participates in class • works well in groups • works well independently • communicates with parents • communicates with teachers |
|---|--|

I consistently & effectively practice these habits.	I practice these habits, but not regularly.
I would like to include these habits on my academic goal list.	I don't know how to successfully practice these habits.

Attitude/Behavior

At the start

At the end

What's changed since you started the unit because of what you did? How did you change the way you think or act? What are your goals for the next quarter and how do you plan to reach them? Write your goals on the back of this page or on a separate piece of paper if necessary.
