

Learning Styles Questionnaire

This questionnaire helps you to identify your own learning style. Read the following descriptions and give a score to each item (1 = depending on how much you agree or disagree with the item).

Score 1 means "I strongly agree" or "I tend to agree"
 Score 2 means "I neither agree nor disagree"
 Score 3 means "I tend to disagree" or "I strongly disagree"

Section One: Visual

- 1. I am a visual learner
- 2. I learn best by seeing
- 3. I like to see diagrams

Score
 1/3
 2/3
 3/3

Total

Section Two: Auditory

- 4. I learn best by listening
- 5. I like to hear things
- 6. I like to hear things explained

Score
 1/3
 2/3
 3/3

Total

Section Three: Kinesthetic (through activity)

- 7. I learn best by doing things
- 8. I like to do things
- 9. I like to do things myself

Score
 1/3
 2/3
 3/3

Total

Adding your three scores results in a total. The total will be used to guide you in identifying your learning style.

My learning style is _____