

**COURSE/SUBJECT AREA:** Elementary Health Education - Human Growth and Development

**GRADE:** 3<sup>rd</sup>

**DATE:** 06/07

**POWER STANDARD:** Demonstrate ways in which health is developed through good decisions and healthy habits. (1)

**PERFORMANCE STANDARDS:**

B.4.1 Identify responsible health behaviors

B.4.2 Identify personal health needs

C.4.3 Predict outcomes of positive health decisions for themselves

C.4.5 Analyze how behaviors may have both good and bad consequences

**ADOPTED MATERIALS:**

What must students know and be able to do? (BENCHMARKS)	How will students show they know it or can do it? (ASSESSMENT)		What content/material is used to teach to the standard? (RESOURCES)	What must the teacher do to facilitate student learning? (INSTRUCTIONAL STRATEGIES)
<u>Benchmarks</u>	<u>Grade Level</u>	<u>Assessment/Rubric</u>	<u>Course/Subject expectations</u>	Recommended Instructional Strategies
<p>The student will:</p> <p>Identify different stages of the life cycle from birth to death</p> <p>Recognize that early health habits carry into adulthood.</p> <p>Identify the different ways living things reproduce and grow.</p>	<p>3<sup>rd</sup></p>	<ul style="list-style-type: none"> <li>• Discussion</li> <li>• Journaling</li> <li>• Role playing</li> <li>• Worksheets</li> <li>• Portfolios</li> <li>• Peer Observation</li> <li>• Teacher Observation</li> </ul>	<p>Course syllabus/curriculum</p> <ul style="list-style-type: none"> <li>• Health Education Resource binder.</li> <li>• Video – The Human Life Cycle</li> </ul>	<ul style="list-style-type: none"> <li>✓ Video</li> <li>✓ Questioning</li> <li>✓ Books</li> <li>✓ Discussion</li> </ul>