Primary School Worksheets - Teacher's Instructions

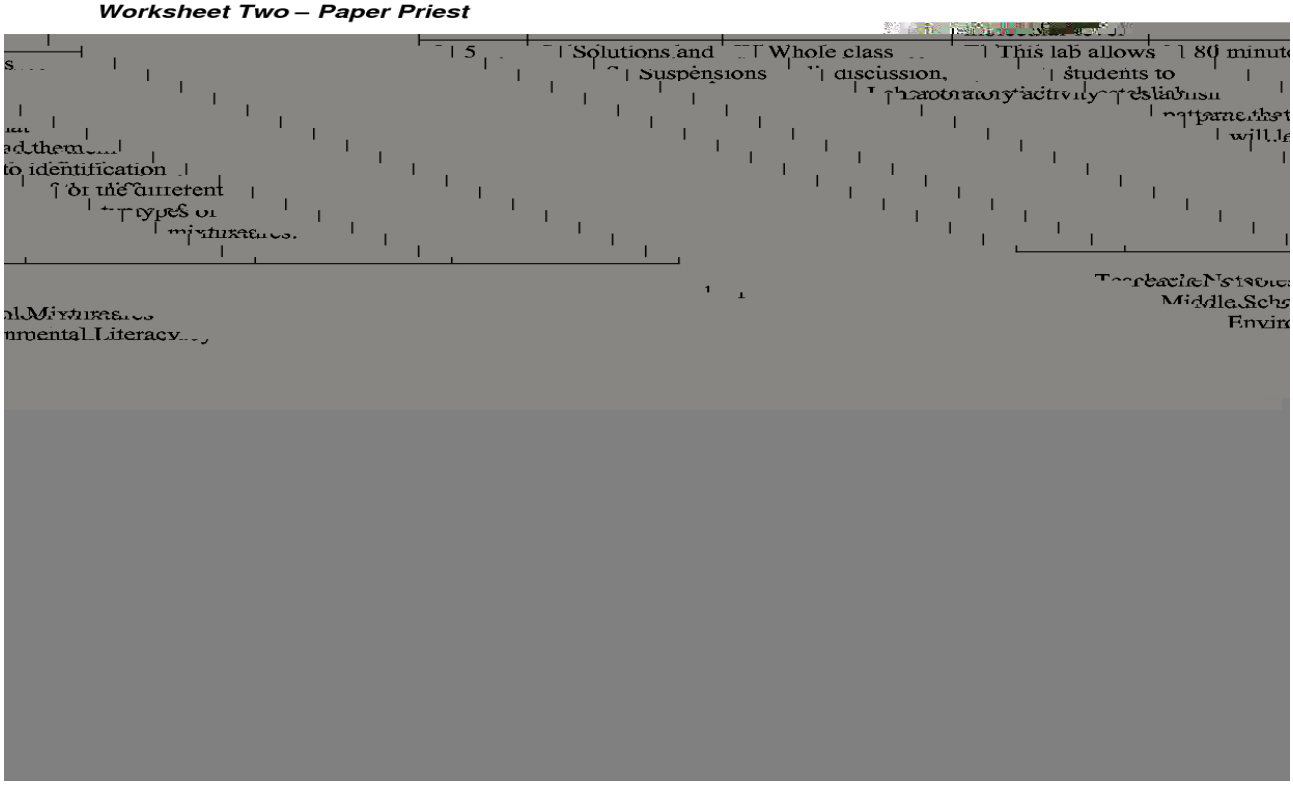
Worksheet One – Vestments for Celebrating Mass

Pupils will need crayons or other colouring materials and copy of Worksheet 1.

The aim of this exercise is for pupils to learn the names of the main vestments and when the different liturgical colours are used.

The worksheet is to be coloured in and the significance of the colours explained. Ask the pupils what the different colours mean to them before explaining the liturgical significance.

GREEN – Used in ordinary time. Green signifies new growth and life.
WHITE – Special occasions, weddings, Christmas, Easter and major feasts. White is a symbol of purity, light, rejoicing, and of the resurrection, and is used on all special feasts of Our Lord.
RED – Mass celebrating the Holy Spirit (fire) or martyrdom (blood)
PURPLE – Seasons of Lent and Advent and often at funerals. Purple is also associated with penance.

Blue is not a liturgical colour but white vestments may have special blue decorations for Marian feasts as blue is the colour of Our Lady.

Worksheet Two – Paper Priest