Blood runs thicker than water	family members have stronger obligations with each other than with people outside the family
to be a fish out of water	to be uncomfortable in a particular situation
dull as dishwater	boring, uninteresting
as a duck takes to water	naturally, with ease
come hell or high water	no matter what happens
You never miss the water till the well runs dry	People are not grateful for what they have until they lose it
pour cold water on something	to criticize or stop something that some people are enthusiastic about
tread water	to be active but without making progress or falling farther behind
be (like) water off a duck's back	criticism to someone that has no effect on them at all
could talk under water	someone who has a lot to say in any situation

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