
Summary questions

1. How did exercise affect your pulse? Why do you think this was so?
2. How did the quiet music affect your pulse? Why do you think this was so?
3. How did holding your breath affect your pulse? Why do you think this was so?
4. Why do you think certain places in your body are better for finding your pulse than others?

After completing the activity and graph, describe your observations, in as much detail as possible. (At least 3 sentences)