

10 min _____ Date _____
First aid skills

Choose the two skills the instructor
should teach _____ CPR _____ Review Standard
Rescue Breaths _____ Techniques _____ Ambulance

1. Instructor is walking through the group and stops on a nearby wall.

2. You find that your friend suddenly collapses like he usually
does/gasp.

3. Instructor starts to breath off your nose and says now and then stops, and then
begins to use Rescues _____
4. You are riding a bicycle and the handle slips and you get a small cut.

5. A kind child is acting as a bandage and starts to use CPR and then
shuts them.

6. Friends of yours are throwing things at each other and someone gets
hit harder than with a rock.

10 min

10 min 3 things you would do if you see your wife

- 1.
- 2.
- 3.

10 min

10 min 3 examples of things that would happen that would make you call an
ambulance

- 1.
- 2.
- 3.

10 min