

**FIRST AID/FOURCARD
GLOSSARY**

1. The first aid kit is a collection of supplies and materials used to provide immediate care for injuries and illnesses. It is essential for anyone who may be in a situation where medical help is not immediately available. The kit should contain items such as bandages, antiseptics, and first aid manuals.

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English	Spanish	Portuguese
First Aid Kit	Kit de primeros auxilios	Kit de primeiros socorros
Bandage	Bandaje	Bandagem
Antiseptic	Antiséptico	Antisséptico
First Aid Manual	Manual de primeros auxilios	Manual de primeiros socorros
Wound	Herida	Ferida
Bleeding	Sangrado	Sangramento
Swelling	Hinchazón	Inflamação
Pain	Dolor	Dor
First Aid	Primeros auxilios	Primeiros socorros
Emergency	Emergencia	Emergência
First Aid Kit	Kit de primeiros auxilios	Kit de primeiros socorros