

First Grade Guidance Lessons

August-Goal Setting Lesson

Leo the Lightning Bug

- Leo the Lightning Bug worksheet
- Identify 2 skills to practice for the year

Personal/Social Lessons

September-The Way I Feel

- Identify different feelings, describe body language

October-Tattling or Reporting

- Tattling or Reporting? Worksheet.
- Differentiate between situations requiring adult support and situations that do not

November-Personal Space

- Demonstrate respect for personal space and boundaries of others

December-Alicia's Best Friend

- Learn how to make and keep friends

January-That's What Friends are For

- Distinguish between appropriate and inappropriate behavior, demonstrate cooperative behavior in groups

February-Piggy Monday

- Manners handout
- Identify ways to demonstrate good manners in school

Academic Lesson

March-Regina's Big Mistake

- Choose strategies to stay calm when making a mistake

Career lesson

April-Working

- What I Want to Be handout
- Select a career and point out what would be fun, what you would have to be good at, and what you need to learn for your career choice