

Name: _____
Date: _____ Per: _____

Internet Investigation: Muscle Contraction Worksheet

Type in the following web address, or go to the class webpage and click on the link
http://www.brookscole.com/chemistry_d/templates/student_resources/shared_resources/animations/muscles/muscles.html

Answer the following questions as you progress through the lesson.

1. A _____ is a single skeletal muscle cell.
2. Muscle fibers are made up of fiber bundles that contain hundreds of _____.
3. Identify the structures of the muscle fiber below by using the words provided. You may write the whole word or just the letter.

