





 My Healthy Habits Chart Keep a record of your healthy habits.							
I Healthy Habits	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
 I wash my hands							
 I brush my teeth							
 I eat healthy foods							
 I play a sports							
 I take a bath							
 I visit the doctor							