

**Army Leadership  
FM 6-22**

**Lesson Plan for (ELO) Lesson 6-22-4  
Competency-Based Leaders**

**Appendix C – Instructor Notes  
Attributes Worksheet**

Other attributes and traits similar to the ATTRIBUTES in the Leadership Requirements Model

**Leader of Character**

[in other words: internal self, identity, integrity, what you're made of, motivation, guts]

**Army Values (loyalty, duty, respect, selfless service, honesty, integrity, personal courage)**

**Empathy  
Warrior ethos**

Accountable	Determination	Perseverance
Care for soldiers	Discipline	Responsible
Commitment (loyalty)	Drive	Sincere
Comradeship	Ethical	Stand up for what's right
Concern for families, noncombatants	Fair	Tireless motivation
Conscientiousness	Inclusive	Trustworthy
Dedication	Initiative	Will
Desire	Inner strength	Winning spirit
	Moral	

**Leader with Presence**

[in other words: how the leader presents themselves, how he/she is perceived, appearance, role-model, charisma, power]

**Military bearing  
Physically fit  
Composed, confident  
Resilient**

Appropriate non-verbal      Dependable      Patience

**I will know that my plan is working if:**

1. I am not displaying controlling or abusive behaviors
2. I will attend DV group consistently (on time, attentive and participating)
3. I am not abusing substances
4. I am meeting the Core Competencies outlined by the CO DVOMB
5. I am implementing what I am learning in group in my personal relationships and everyday life

**Some things that could interfere with my plan are:**

1. If I pick up new charges (DV or otherwise)
2. If I use drugs or alcohol
3. If I don't stay employed or lack of motivation to find employment
4. If I quit treatment.
5. If I continue with abusive behavior and don't hold myself accountable
6. Non-compliance with treatment and/or excessive absences from treatment

**What I will do if the plan isn't working:**

1. Be honest with my counselor and my group and ask for help.
2. Update treatment plan and Personal Change Plan to better address my needs
3. Tell my PO/counselor I need residential treatment or additional treatment if substance abuse is an issue.
4. Refuse to let myself feel like a failure