

7 Habits of Highly Effective Teens
Day One

Objective:

SWBAT effectively communicate the meaning of the word paradigm and apply this term to their personal lives.

SWBAT communicate the paradigms of life through group projects

Materials:

- The 7 Habits of Highly Effective Teens
- Habit Poem
- Paradigm Worksheet
- Group work explanation worksheet
- Homework Handout/Journal

Teacher Preparation:

- Write on the board the 7 Habits of Highly Effective Teens
 - Habit 1- Be Proactive
 - Habit 2- Begin with the End in Mind
 - Habit 3- Put First Things First
 - Habit 4- Think Win-Win
 - Habit 5- Seek First to Understand, then be Understood
 - Habit 6- Synergize
 - Habit 7- Sharpen the Saw

I. INSTRUCTIONAL PROCEDURES:

- a. Motivator/Anticipatory Set: (7 minutes)
 - a. Read "Habit Poem" out loud
 - b. Discuss- What is habit (Page 8)
 - i. Things we do repeatedly, for the most part we don't realize that they are habits
 - c. Discuss the 7 Habits of Highly Effective Teens
- b. Teaching Procedures:
 - a. Students read aloud Pg. 7 of 7 Habits
 - b. Discuss
- c. Guided Practice and Check for Understanding:
 - a. Students read pages 16-18 & Complete Worksheet

II. CLOSURE/ EVALUATION:

- Explain to students group work.
- Group Presentations
- Discuss "Principle centered"