

Name: \_\_\_\_\_

## Muscular System

**Directions:** Do you know about your muscles? Write five facts you think you know about your amazing muscles.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**Directions:** Research and write the information about your muscles below.

1. What is another name for smooth muscle? \_\_\_\_\_
2. What does involuntary mean? \_\_\_\_\_
3. What's another name for skeletal muscle? \_\_\_\_\_
4. What does striated mean? \_\_\_\_\_
5. Where are the pectoral muscles located? \_\_\_\_\_
6. What muscle is the gluteus maximus? \_\_\_\_\_
7. What does a muscle do when it contracts? \_\_\_\_\_
8. What kind of muscles are in the esophagus. \_\_\_\_\_
9. Where are over half the bones in the skeleton located? \_\_\_\_\_
10. How are muscles held to the bones? \_\_\_\_\_