

Name _____

Date **KEY**

Y6 Animals Including Humans

1. Which of the foods below can be eaten on daily basis as part of a healthy diet?

- a) Fruit and vegetables
- b. Sweets and chocolates
- c) Meat or fish
- d) Cereals and bread
- e. Cakes and cream
- f. Crisps and burgers

2. Which of the following, if I done regularly, will help to contribute to a healthy lifestyle?

- a) Exercise
- b. Watching TV
- c. Smoking
- d. Drinking alcohol
- e) Drinking water
- f. Staying up late

3. Below is a diagram of the circulatory system. Draw arrows from the text boxes to identify each part of the circle system and write a brief description explaining the role that each part plays in this process.

