$$-3x = 18$$

$$\frac{-3}{-3}x = \frac{18}{-3}$$

$$x = -6$$

$$-x = 2$$

$$\frac{-x}{-1} = \frac{2}{-1}$$
 (Remember that $-x$ can be written $-1x$; -1 is its own reciprocal.)

$$\frac{-1}{4}x = 7$$

$$-4 \cdot \frac{-1}{4}x = -4(7)$$
 (Remember, reciprocals have the same sign.)

$$x = -28$$