## Overview of Lesson: Introduction 2. Activity 3. Discussion 4. Conclusion 5. Inform students that this the last lesson in this series Year level: Topic: Resources: Year 9 Body Image &Disordered Eating Teachers notes Level 6 VELS Research task handout. Youtube clip: Anorexia's Living Face (CBS News) http://www.youtube.com/watch?v=VS2mfWDryPE Equipment: Projector Computer Lab AusVELS Focus: Lesson Duration: Learning Intentions: Level 9: Refer to Curriculum page 1 Periods (50 minutes) This lesson introduces students to an overview of prevalent eating disorders and the possible effects that eating disorders may have on an individual's body image in our society. Have an in-depth look at eating disorders: the health impact they have on an individual, the socio-economic impact, impact on families and friends, treatment & how to help someone with an eating disorder. Links to students prior knowledge and experiences: Assessment/ feedback strategies. In the previous class students should have garnered an understanding of Class discussions and student input. eating disorders. The class discussion in the previous class should have led Walking around the class to gauge student participation. students to consider what they know about disordered eating. The Asking questions of students who do not seem engaged. prevalence of eating disorders in young people has grown dramatically in recent years; therefore it may be possible that the student's have in some way been personally exposed to someone who was/is afflicted by disordered eating. Room set up: Learning Outcomes: · White board and markers. At the end of this lesson students should be able to: · Learning intentions and today's activities written on board. Make comparisons and identify connections between differing eating

Demonstrate an understanding of disordered eating Understand the impact of eating disorders on health

should do to help someone with an eating disorder.

Have an understanding of treatment options and know what they

The socio-economic impact

Class will need to be completed in a computer lab
Projector & YouTube clip set up ready to go